



# MAHONE BAY QUILTERS' GUILD



## NOVEMBER 2009 NEWSLETTER



### CHRISTMAS POT LUCK DINNER AND PARTY

You are cordially invited to our annual Christmas Pot Luck Dinner and Party to be held (weather permitting) on Monday December 7, 6pm at Trinity United Church Hall. Delicious food, merry music, a few surprises and lots of festive spirit!



### MINUTES

Minutes of the Mahone Bay Quilters' Guild meeting November 2, 2009. The hall opened at 6:30 with tea and cookies provided, for members to enjoy as they met with new and old friends, admired the projects for "Sew & Tell" and looked at the upcoming program workshops.

President Val Header called the meeting to order at 7pm. We welcomed new members Ann Morrison and Karen Wilson, returning member Sandy Hippert and guests Jennifer Green, Marion Swinimer,

#### Sew & Tell

Johanna Rafuse	Childhood Memories, Leaves falling, Friendship bag
Valerie Angel	Purse
Sandy Bruce	Flower fir tree
Beverly Drysdale	1930's appliqué Chinese lantern quilt, Red Cross, possibly from same era.
Linda Hutt	Scrappy Flannel quilt
Marilyn Harris Hart	Sampler from Laurie Swim's workshop 2 Christmas Runners
Georgina Johansen	Quilt from the recent beginner's course.
Linda Mills	Santa's Visit hanging, Christmas Appliqué Quilt Sampler using the paint sticks demoed at the September meeting
Faye Martyn	Colonial Lady Quilt

#### FROM VAL:

Hello Friends:

Hasn't this mild November weather been such a joy? I've been able to pick winter chanterelles on walks with Lola, my son's Ozzie shepard. So, I'm exercising AND gathering gourmet wild food! But, despite the warm weather, I'm feeling very much in the Christmas spirit. My Mum (visiting from Ireland) and I plan to bring her as a guest to our Christmas Pot-luck. I've told her about our legendary desserts and tables laden with delicious food. I know she'll so enjoy our quilter's Christmas spirit and yummy treats!

I found a lovely tree-ornament to bring for our ornament exchange. It's been a busy month and I won't get to make a homemade one, so I bought one that supports made by a surviving widow of the great Tsunami of a few Christmases ago. If you'd like to support Work for Widows, you can buy beaded jewellery and ornaments at the Fairview Inn in B'water.

I'm looking forward to our Christmas "Sew and Tell" at our potluck. I also take this opportunity to wish each of you a blessed and peaceful Christmas Season with your loved ones.

See you on Monday 7th Dec.  
Val

#### Library & Guild Resources

Marilyn Verburch showed an iron she purchased for the guild for use at workshops. Plan is to buy at least one more. Val Header thanked Myrna Johnson for the multi plug extension she purchased for use at guild workshops and events. Library has had to temporarily move the basement during the hall renovations. So

## SNIPPETS

Can Christmas really be just 4 weeks away? The reality hit me as we drove to New England last week. All along the airline route, houses were decorated, Christmas lights were on and in many windows I could see Christmas trees decorated. But it really hit me as I was strolling the aisles of the Joann's store in Bangor and I found myself humming along to "Rudolph the Red Nosed Reindeer".

We took our favorite road, down Route 1 through Camden, Rockland to Damariscotta visiting a few quilt stores along the way. I found a new-to-me one in Rockland called "Quilt Divas" right on the main street. As well as a good selection of fabrics they also carry yarn...what a great combination!

We stayed with Jo Diggs in Portland and she asked to be remembered to you all! Check the picture page for some pictures of her latest landscapes. We also visited "CottonWeeds" in Freeport and "Alewives" in Nobleboro. Let me know if you have any favorite quilt stores you like to visit on your travels.

everyone can enjoy the Christmas potluck, the library will not be open during the December guild meeting.

### Demonstrations

At 7:25, we broke into 3 groups and rotated through 3 demos; Paper Pieced tree ornaments - demoed by Bev Drysdale  
Poinsettia/star folded ornament - demoed by Anna Davidson  
YOYO's; how to make and use as embellishments demoed by  
Sandy Bruce

A huge Thank You to these 3 ladies for taking the time to prep and demo these items and for supplying the take-aways.

### Business portion of the evening:

Minutes

Sandy Ternoway moved and Donna Veinot seconded that the minutes of the last meeting be approved as distributed in the monthly newsletter. Motion carried

### Treasurers Report

Marilyn Verburch presented the financial statement as of Oct 31. Balance was \$12,131.63. Marilyn moved the adoption of the report, Michelle Stevens seconded; motion carried

### Correspondence

Anna Davidson sent a card, thanking the guild for the opportunity to attend the Pictou Quilt retreat.

### Announcements

**Vicki Lynn Bardon** will be speaking at the Mahone Bay Centre Wed Nov 4 at 2pm. She will be talking about how Suttles & Seawinds began.

**Val Header** is hosting and open house during the Mahone Bay Father Christmas Celebrations, Nov 28-29 and Dec 5-6 from 10:30 to 5:30 each day, showcasing the beaded necklaces and creations from the women of Africa.

New member **Jennifer Green** is a recent grad of NSCAD and artist in residence at the Lunenburg Old Fire hall. She and 3 fellow artists will be hosting an open house Nov 28 from 11 to 4pm.

It is time to start committing your time to help with the 2010 Quilt Show. A sign up sheet will be posted at all future guild meetings and you are encouraged to join in. Second Storey Women's Centre has created a quilt top and would like help quilting it (by hand). Please contact them if you have time to drop in and help them out. Christmas Pot Luck will be held at the regular Guild meeting Dec 7. Hall will open at 5pm for setup, with meal to begin at 6pm. If you can please bring a Christmas decoration to help set the mood; best if you bring something that does not need to hang. Do not want to be the group to mar the new paint! There may be an ornament exchange, watch for detail on this and the potluck in future emails.



### **Program Committee Report:**

Please refer to the newsletter for more detail on upcoming Program Committee workshops and events.

The **Quilter "Necessary" Workshop** will be held the afternoon of January 4, starting at 1pm at the Church hall. Cost to Guild members is \$5.00. NOTE you need to register and get the supply and cutting list; THERE IS HOMEWORK to do before you arrive!

Anna Davidson's Thursday Nov 12 workshop; may be held in her home as only 4 have signed up.

Anna Davidson's Saturday Nov 14 workshop; French Braid Table Runner is a go

Penny Berens will be guest presenter and demonstrator at the Feb 1 Guild meeting. She will also be hosting a workshop on Feb 2, more information to come..

Adjournment : Barb Robson moved the meeting be adjourned.

## **MEMBER NEWS**

**From Val Hearder - *Christmas Show & Sale : Mahone Bay Father Christmas Festival Weekends*** Location: At my home, 195 Fairmont St, Mahone Bay. Embroidered tapestries, gorgeous Zulu bead jewellery, ceremonial beaded dolls and sale items.

November 28 & 29 10am to 5 pm      December 5&6 10am to 5 pm

You are most welcome to drop-in, bring a friend, have some tea or hot cider, comfy chairs for husbands or tired companions provided. Come just for a chat, to see the goods and perhaps find that special Christmas gift that supports women in South Africa. As usual 15% of profits go to the Stephen Lewis Foundation. My house is at 195 Fairmont St, Mahone Bay, down the hill, the last house on the left.

**From Laurie Swim** - I am very proud to announce the most recent offering of archival photographic prints of my original works. My husband Larry Goldstein is the hands-on producer of the prints from the photography to the actual printing. Each print has been presented for my approval and signed by me. They are then double-matted and ready for framing.

The prints, along with my original work, cards and book are on display in the space adjacent to my studio at 112 Lincoln Street, the gray wedge-shaped building on the right as you enter Old Town Lunenburg. A reception for the launch of the prints is taking place Saturday November 28th from 2-4. Come see the work, enjoy some punch and a nosh and view the new prints of my work.

If you wish to make special arrangements for a visit, just call for ahead. I am around most days but not always in the studio. Laurie - 902.640.2220

**From Anna Davison** - If anyone has batting scraps to get rid of, Ime Joost would love to have them. From our last donation of batting scraps she was able to stuff and sell 40 fabric elephants, donating the proceeds to the Grandmothers to Grandmothers project through the Stephen Lewis Foundation - the same project Val Hearder supports with her African Threads and jewellery. They can bring the scraps to the December Pot Luck. Thank you - Anna.

**From Sharon Lawrence** - For Sale : Janome MC3000 computerized sewing machine, includes walking foot, 1/4" foot, free motion foot, plus others. Price - \$300. Call Sharon Lawrence 543-723

## **BEGINNER QUILT CLASS**

Last spring we held our first beginner quilt course. Six Saturdays were devoted to the basics of quilting. It was a very positive experience for students and teachers alike.

We are planning to launch another series of lessons February 6, 13, 20, 27 and March 6 and 13, 2010. Class size will be limited to 20. First refusal will be given to those on our waiting list. If you know of anyone who might be interested, contact Sandy Ternoway as soon as possible.

Instructors are Patsy Perkins, Anna Davison, Sandy Bruce and Sandy Ternoway. We gratefully acknowledge the invaluable assistance of Sharon Lawrence, Marilyn Verburgh, Valerie Angell and Ruth Searle. Guild members who could help us at one or all of the classes would be gratefully welcomed.

The series of lessons is FREE OF CHARGE, Fabrics kits (graciously donated by Sandy Bruce) and

notebooks will be provided. No sewing experience is required. Contact Sandy Ternoway at 275-3249 or [sandyt@eastlink.ca](mailto:sandyt@eastlink.ca) to register.

## DATES TO REMEMBER

**September 23, 2009 - March 21, 2010** – Are you going to be in Toronto? Then plan to visit the Textile Museum to see the exhibition *Kaleidoscope : Antique Quilts* from the collection of Carole and Howard Tanenbaum. Quilts are like pages from a vast encyclopedia of textiles, with their abundance of fancy silks and homespun wools speaking across the ages. The quilts in *Kaleidoscope* were made in the United States, Canada and England, mostly during the 19th century. They were used as bedding, as lap robes and slumber throws, and as fancy piano covers in Victorian parlours. Most of these quilts are now orphans, their makers unknown, their ancestry obscure. The social messages they carried when they were made – who made them and why, for whom and under what circumstances – have evaporated, leaving behind elaborate kaleidoscopes of colour.

<http://www.textilemuseum.ca/apps/ndex.cfm?page=exhibition.detail&exhid=306>

**November 28 – December 24, 2009** – The Moorings Gallery, Mahone Bay “Ornamental Delights”

**December 5, 2009** – Trinity United Church Hall – UCW Christmas Bake Sale, 10am-2pm

**January 4, 2010** – 1 - 5pm - Mini Workshop with Barb Robson – Making a Sewing Kit

**January 30, 2010** – Cuddle Quilt Day – Come to the hall from 9am – 4pm and bring a friend to our annual Cuddle Quilt Day.

**February 1 & 2, 2010** – Penny Berens will be our guest speaker for our Guild program and will give a workshop the next day. Details to follow. Here is a link to an article about Penny

[http://www.exploringcreativity.com/featured\\_artist5\\_archive.html](http://www.exploringcreativity.com/featured_artist5_archive.html)

**March 20, 2010 – July 4, 2010** – Yes, the date is right, 2010! Plan ahead, save your loonies to go to London, England and to see a wonderful exhibiton of the quilts from the Victoria and Albert Museum Collection along with quilts from other Museums and private collections. A must see exhibition for sure. Bookmark this site to keep up to date on news from the V&A.

[http://www.vam.ac.uk/exhibitions/future\\_exhibs/Quilts/index.html](http://www.vam.ac.uk/exhibitions/future_exhibs/Quilts/index.html)

**April 8 - 10, 2010** – Mark your calendars for the 2010 Dessert Party and Workshops with Extraordinary Quilter – Sharon Pederson – Check her website at <http://www.sharonpederson.com/> and plan to attend!

**May 21-23, 2010** – The Ocean Waves Quilt Society of Cape Breton is planning to celebrate their 10th Anniversary with a Quilting Retreat at Keltic Lodge. Teachers are Hilary Rice, Deb Plestid, Anne Morrell Robinson and Susan Tilsley Manley. Contact Flora Gardiner 902-562-2469 [horses210@ns.sympatico.ca](mailto:horses210@ns.sympatico.ca)

## QUILTING ARTS TV

For those of you up early on Saturday morning (6:30 am) , be sure and watch “Quilting Arts” on PBS, channel 35 and if you aren’t up early set your vcr or pvr to record these shows. They really are worth it for the interesting quilters they have on, the techniques they demonstrate and the quilts they show.

<http://www.quiltingartstv.com/>



### STORM POLICY/MEETING CANCELLATIONS

If there is a storm on the day of our meeting please check your email to see if we have cancelled the meeting. The majority of members have email and this is the best and quickest way to get in touch with everyone. If you are in doubt and can't access your email you can phone anyone on the executive to find out if the meeting is cancelled or not.

# EXTRAORDINARY QUILTER 2010 SHARON PEDERSON

Our Extraordinary Quilter for 2010 is Sharon Pederson. The date for this annual feast of food, fun and fabric is April 8th for the Dessert Party, with workshops on the 9th and 10th. Check out Sharon's website at [www.sharonpederson.com](http://www.sharonpederson.com), and mark the date on your calendars.



Workshops - Sharon will teach **Double Wedding Ring** on Friday April 9 - Sharon says "I always wanted to make a double wedding ring quilt but was not the least bit interested in sewing a convex curve to a concave one. It was only when I realized I could do it with machine applique that I was tempted to try. Now I consider Double Wedding Ring a beginner technique - it's that easy. To make the process easier I have had templates made so that all of the cutting can be done with a rotary cutter. Make it any size you want - with either pieced arcs or plain."

**Sensational Sashiko** will be taught on Saturday April 10. This is a non-traditional approach to a traditional needle art form. My theory is that if it can be done by hand, it can be done by machine and

sashiko is no exception. Originating as the "common" man's garment decoration, sashiko has been adopted by quilters to add exciting designs to their quilt tops and garments. Using your sewing machine and heavy weight threads learn how to achieve this stunning embellishment on either a single thickness of fabric or through a quilt "sandwich".



Sashiko Sampler

## PROGRAMS FOR OUR GUILD MEETINGS

JANUARY 4 - Valerie Hearder will talk and show slides about her recent trip to South Africa

FEBRUARY 2 - Penny Berens fro Granville Ferry will be our guest speaker and will have a wonderful trunk show. On Tuesday February 3 shill will give a workshop on Machine Embellishing.

MARCH 2 - Demonstration Night

APRIL 12\* - (note the date change due to Easter) Christine Bell will show us some "ergo" exercises to warm up for sewing/quilting and we will have a themed show and tell - bring your completed pieces from the Pamela Allen workshops

MAY - 4 - Antique Quilts program and themed show and tell

JUNE 1 - Closing Pot Luck Dinner

## REMINDERS FOR

### THE DECEMBER 7TH CHRISTMAS POT LUCK DINNER & PARTY

The Hall opens at 5 pm for setup (help needed) and punch and appetizers are at 6.

Dinner at 6:30, merriment to follow

\*Do you have a Christmas centerpiece you could bring along to decorate the tables?

We would appreciate having several to add some festive flair to our table!

\*We will have a "Quilters Goody Basket" draw in aid of the Food Bank so bring along some loonies for the draw.

\*Name tag

\*Food (hot or cold, appetizer, main course or dessert) with server if needed

\*Utensils and plate, mug for yourself

\*Ornament (handmade by you or someone else) for the ornament exchange

\*Donation for the food bank (either non-perishable food and/or cash)

\*Christmas themed show and tell to decorate the hall,

\*No scents or perfumes please, we have several members who have allergies and sensitivities.



## INTERNET EXPLORING



- the links here are all "live" so just click on them and off you go! Pat Sloan's article on Quilting for Fun...well worth reading...

[http://www.womenfolk.com/frugal\\_quilting/quilting\\_fun.htm](http://www.womenfolk.com/frugal_quilting/quilting_fun.htm)

Jane Sassaman will be one of the teachers at the 2011 Quilters Retreat at Pictou Lodge. See some of her wonderful quilts at

<http://www.janesassaman.com>

## DESSERT PARTY COOKBOOK

Our Dessert Party Cookbook makes a wonderful Christmas gift! They are available for purchase at *Suttles and Seawinds* in Mahone Bay for \$10.

## HONOURARY LIFE MEMBERSHIP

The Guild would like to honour those members who turn 80 in a membership year with a Life Membership, please let Sandy Bruce know.

## COMMUNITY/CHARITY QUILT DONATIONS

Don't forget that our ongoing charity quilt projects can always use a quilt or two and they can be turned at any meeting. We are accepting preemie quilts for the Neo-Natal Intensive care Unit at the IWK Children's Hospital, wheelchair quilts for the local nursing homes and twin-sized quilts for the Mental Health Association. All these are very worthwhile projects and the quilts required can be simple and small. If you need any further instructions, sizes etc. contact Barb for details [robsonbh@eastlink.ca](mailto:robsonbh@eastlink.ca)

**Please remember that the preemie quilts cannot be tied, they must be hand or machine quilted. Thanks!**

## MAHONE BAY QUILTERS GUILD SCRAPBOOK

Did you know that our Guild needs a "historian"? Mollie Hardy has done a superb job of collecting and keeping everything she can find for our scrapbooks. She has retired, and we need a replacement who would receive any published articles about Guild member's involvements and accomplishments from sources **other than** from the *Chronicle/Herald* and *Lunenburg Progress/Bridgewater Bulletin*, and also collect photos from guild events - photo size 4x6. Speak to any of the Executive - Many thanks!

## ODDS AND ENDS

Second Story Women's Centre in Lunenburg needs help to finish quilting their quilt. Contact the centre for more information and times.

## CUDDLE QUILT DAY – JANUARY 30, 2010

For the last 15 years or so Guild members have been gathering on the last Saturday in January to make Cuddle Quilts for Harbour House (the women's shelter in Bridgewater). When a child comes to Harbour House, he or she often arrives with very little. Each child is asked to choose a cuddle quilt which is theirs to keep and take with them when they leave. Cuddle quilts are all sizes from baby quilts to larger twin sized quilt. Guild members are asked to make their tops at home and bring them to Cuddle Quilt day where we set up an assembly line of sorts to sandwich them, turn and then tie them. If you are able to bring a quilt ready to be tied that would be great, then our "tie-ers" can get to work right away. Bring a friend, there is lots to do, bring your lunch, coffee, tea and sweets are provided. Many hands make light work! Come for as long as you can, even if it is just for a couple of hours. We know how much our efforts are appreciated by the women and children who need to come to Harbour House.

## ART HITS THE WALL 2011

Linda Alderdice is part of the Art Hits The Wall Committee. She is looking for some quilters to help manage the next show in 2011. The show brings together rug hooking and quilting from the Atlantic Provinces. The theme for 2011 is *Tides of Time*. If you are interested please contact her at: Linda Alderdice via email [lalderdice@eastlink.ca](mailto:lalderdice@eastlink.ca) or phone 443-3366.



## REMINDERS

\*our meetings are scent free; several members have allergies and would appreciate it if you refrain from wearing perfume or other highly scented products. Thank you.

## STAYING IN TOUCH

If you know of a Guild member who is ill or if there is someone we need to send a sympathy card to, please let our secretary Christine Bell know. You can phone her at 766-0202 or email her at dogonit@rogers.com

## 2010 QUILT SHOW

We would like to remind every member of the Guild to bring the money from sold raffle quilt tickets to the next meeting. Please seal the money in the provided envelop with your name and the amount of cash written on it. More tickets will be available at meetings for anyone who would like them.

Thanks  
Beth and Janet



## STITCH TIME

The church hall will be open every meeting day Monday from 1pm (January to May weather permitting). Come to the hall and bring along your sewing/quilting projects and have some

quality time with your Guild mates. Tables are available if you need to baste a quilt, bring your sewing machine if you wish. There will be tea and coffee available, bring a sandwich and stay on for the meeting or pop out for a quick bite to eat at a local café. This will be a good time for beginners to come and pick up some tips and ideas or if you need some help with a project.

## TIP OF THE MONTH FROM "THE QUILT SHOW"



Follow "The Rules of the Road"? Machine quilting can seem daunting to the inexperienced, but if you keep the learning curve in perspective, you can avoid much of the anticipated frustration and trauma. Joanie Zeier Poole has been teaching machine quilting for many years, and she has found that many of the same skills necessary for learning to drive can also be applied to machine quilting. Here are a few "rules of the road" (aka tips!) from her new book, *Quilting Elements*, to help you gain experience and build confidence while relieving stress as you practice your machine quilting:

1. Study the map before you take off to know where you are going.
2. Don't stare at the hood ornament; look ahead down the road.
3. Slow down and proceed with caution when encountering a curve or busy

intersection.

4. There will be penalties for speeding and for making U-turns in unauthorized areas.
5. If you intend to stop, remember to take your foot off the gas.

Here is another tip for those of you who use different sewing machine needles - Keeping track of sewing machine needles can be challenging, especially when there are so many types of needles to organize. An inexpensive bead box (available at most craft stores) serves as the perfect solution for keeping your various needles segregated by size and function. When you change a needle, put a little antique button into the compartment so you will remember what's in the machine. The individual, self-locking lids make the box virtually cat-proof.

## **\*\*SEW YOU KNOW\*\***

### **NEWS FROM AVONPORT DISCOUNT FABRICS**

Please note - we will close December 23 until January 4 for a well-deserved Christmas holiday!

#### **AVONPORT DISCOUNT FABRICS - NEW STORE HOURS - STARTING SEPTEMBER 2009**

Monday to Friday ONLY 9:30 am until 4:30 pm. We will not be re-opening on Saturdays With changing our hours and being closed on Saturday we are going to have monthly shopping parties from 12:30 - 4:30 pm Sunday December 6th, Sunday January 3, Sunday February 7 and Sunday March 7. IF THERE IS A BLIZZARD ON ANY OF THESE SUNDAYS, WE WILL BE OPEN THE FOLOWING SUNDAY. IF YOU ARE UNSURE PLEASE CALL 902-542-3247

#### **MEMBERSHIP**

Your 2009-2010 membership list is attached with this news-letter. Please check that your information is correct. If there are any errors please let Sandy Bruce know.

#### **GUILD QUILTING BEES**

Within the Mahone Bay Quilters Guild there are now several "bees", the Bay Buddies, the Seaside Stitchers, the Cove Quilters and the Bay Bees. Each bee functions on its own and meets when they want at each other's houses. Most of them are at capacity with members so we are taking names to see if there are any other members who would be interested in belonging to a bee. We have 4 people on a list so far. Bees are such a great way to share ideas, help each other with new or old techniques, go on outings together and generally just spend a few hours getting together to talk fabric and quilts. Email me at [robsonbh@eastlink.ca](mailto:robsonbh@eastlink.ca) if you are interested in joining a bee.

**During this festive season we wish you and yours  
a very Merry Christmas  
and all the very best  
for a peaceful/peaceful New Year!**



#### **2009 - 2010 MAHONE BAY QUILTERS GUILD EXECUTIVE**

President	Valerie Hearder	624-8181	<a href="mailto:valeriehearder@eastlink.ca">valeriehearder@eastlink.ca</a>
Past President	Patsy Perkins	766-0187	<a href="mailto:castaway@eastlink.ca">castaway@eastlink.ca</a>
Vice President	Michele Stevens Mosher	634-4909	<a href="mailto:mstevens@xplorenet.com">mstevens@xplorenet.com</a>
Treasurer	Marilyn Verburgh	624-0624	<a href="mailto:mverburch@eastlink.ca">mverburch@eastlink.ca</a>
Secretary	Christine Bell	766-0202	<a href="mailto:dogonit@rogers.com">dogonit@rogers.com</a>
Newsletter	Barb Robson	857-1668	<a href="mailto:robsonbh@eastlink.ca">robsonbh@eastlink.ca</a>
Program	Johanna Rafuse	688-1674	<a href="mailto:johannarafuse@hotmail.com">johannarafuse@hotmail.com</a>
	Anna Davison	624-9575	<a href="mailto:annadavison@eastlink.ca">annadavison@eastlink.ca</a>
	Laurie Swim	640-2220	<a href="mailto:swim@ican.net">swim@ican.net</a>
Membership	Sandy Bruce	624-0168	<a href="mailto:nsdtr@iname.com">nsdtr@iname.com</a>
Library	Sharon Lawrence	543-7237	<a href="mailto:sharonandbob.lawrence@ns.sympatico.ca">sharonandbob.lawrence@ns.sympatico.ca</a>
Show and Tell	Daisy Ballam	634-4121	<a href="mailto:wballam@ns.sympatico.ca">wballam@ns.sympatico.ca</a>
	Valerie Angell	693-2324	<a href="mailto:angellbears@eastlink.ca">angellbears@eastlink.ca</a>

# NOVEMBER SEW AND TELL

