



MAHONE BAY QUILTERS' GUILD

Snippets

It has been a long six months and I am glad to be back with you all again. I am so grateful to Christine Bell for taking over the newsletter for me. Many thanks to so many of you for all your support, emails, phone calls and sympathy cards. It has been very theraputic to get back to the sewing machine and to get back to quilting.

- Barb



April 2010 Newsletter Minutes

Meeting opened at 6:30 with refreshments and social time. At 7 pm, President Val Hearder called the meeting to order. There were no visitors or guests this evening.

Sew & Tell

Linda Naugler

Laurie Swim Landscape Workshop wall
Hanging

Donna Veinot

Sheep in the meadow baby quilt
Embroidered Baby quilt

Ron Hall

Log Cabin

Debbie Breeze

Sashiko Blocks from EQ Workshop

Janet Eisner

Wedding Ring blocks from EQ Workshop

Elaine MacAulay

Baby Quilt

Hearts & Flowers Log Cabin

Heather Stevenson

EQ Workshop piece

Linda Hutt

Queen Size Quilt

Laurie Swim

Strippy Lap Quilt

Michelle Stevens

Quilt Bag "Rosie the riveter"

Linda Mills

Double Wedding ring Blocks EQ Workshop

"From the Harbour" wall hanging

Evening Program

The evening program consisted of 3 demos; 2 applique demos by Elaine MacAulay and Sharon Lawrence and Ergonomic exercise demo by Christine Bell.

Library

Library assistants for May meeting are Diane MacMillan & Carol Eldridge. Thank you to Bev Drysdale for donating the book, *Folk-Art Quilts*. Library has purchased the 3 DVD's by our 2010 EQ Sharon Pederson - *Machine Applique for the Terrified Quilter*, *Machine Sashiko* and *Reversible Quilts*. Also new to the collection is a book on colour for quilting

From Val

Dear Members:

It's wonderful to see the large and enthusiastic attendance at our meetings. May meeting will feature a fascinating talk by Sharon McDonald co-author of *Old Nova Scotian Quilts*. I'm sorry to miss it, but I'll be visiting the blockbuster quilt show at the Victoria & Albert Museum in London. I started making quilts when I was 20, and it was the old English medallions quilts that inspired me. In South Africa there were no quilts, no batting, only African fabrics and certainly no teachers. I figured out how to make them using the English paper pieced method. It's been my dream to see the V&A quilt collection and so I'm really thrilled to be going.

Polly Green and Barb Robson are heading up our new "Medallion Club". Polly described it as *slow cloth* - no quilt in a day here! About 30 keen members signed up and will work on their medallions in their own time, figuring them out the traditional way. Barb and Polly are quilting treasures themselves and we are very lucky to have this Medallion Club under their skilled leadership.

I'm excited to make a medallion quilt again after all these years, and after the V&A show, I'll be inspired!

Best,
Val

Beginner Class Report

Report that the sessions were well received by students and many of them have been taking part in the guild meetings and events. Recommend the full session be held again in 2 - 3 years. In the meantime, the guild can provide courses/workshops to help mentor new quilters.

Quilt Show Committee Update

Show plans progressing well. Admission to increase to \$4 per person. Guild members working the show will be given pass to get in for free on the day shift they are working.

Sales shop - commission to guild for items sold at the show to increase from 10 to 15%. The Committee is looking for indication of who and how many items they plan to submit. The Committee will be making re-useable quilt label hangers. Volunteers to make these are Elaine MacAulay, Kate Madeloso, Linda Mills & Anna Davison. There will be a show open house Thursday night, prior to opening to public. Does anyone have a quilted table cloth that would loan for use at the ticket table?

Next committee meeting scheduled for Apr 18.

Program Committee

1. Laurie Swim thanked everyone for making this year EQ & Dessert party a great success.
2. Next month's program highlight will be a presentation on antique quilts by Sharo MacDonald.
 - a. For Sew & Tell please bring any antique quilts you have
3. Start thinking of what you will bring for the June Guild potluck and Auction. This will be our last meeting of the year.
 - b. For the auction bring any quilt related items; fabric, books, etc and also jams jellies, & the like.
4. The Spring 2010 SAQA journal features a number of NS artists including Anna Davison
5. The current issue of Saltscapes Magazine features Laurie Swim.
6. Pizza Box exchange continues
7. Val Hearder requested guild members interested in leading a workshop; half day or full day, to complete a form so we can work member offerings into the program for coming years. Please see the newsletter and get the form to Val soon.

Medallion Quilt Club

Polly Greene & Barb Robson presented a new and exciting idea to

the guild, that being to start a *Medallion Quilt Club*. First club meeting will be May 15, but you could join any time as there is no schedule to keep up with. Those who sign up in advance will be contacted by email with a general supply list. Club time will be for design, colour selection, and sharing. No sewing will be done during club time. Polly and Barb have offered to mentor club members. Meeting will be held at the same hall as guild meetings and a \$10 per meeting charge will be collected to cover hall rental and incidentals. In the event only 2 or 3 people can attend in any month, an alternate meeting place may be selected **SO** it will be very important to respond to emails especially those requesting an RSVP. A sign up sheet went around at the meeting and looks like we will have a very popular CLUB!

To get inspired, it was suggested you look at some Jinny Beyers work; she was instrumental in reviving the art of quilt making

This Club is for SLOW QUILTING, to allow you to enjoy the creative process and relax. There is absolutely no rush and no deadlines to be met.

Treasurer Report

Treasurer gave financial update for March 2010; Income for was \$1,240.38. Expenses were \$634.77. Guild Balance is \$11,312.73. Treasurer warned that April is historically an expensive month for the Guild, so the healthy balance is not expected to be held.

Correspondence

Two cards of thanks were received; from the Fox Point SDA Church food bank for Christmas donation & from the beginners class. Also Fay Palmeter from *Avonport Discount Fabrics* donated 30 meters of fabric for use as backings or tops for cuddle quilt day next Jan. The Folk Harbour Festival Committee have requested someone create and make a quilted LOGO quilt for the festival. Val Hearder has more info if you are interested in taking this project on.....

Donna Veinot moved Polly Greene seconded meeting be adjourned. Excellent meeting!

Staying in Touch

If you know of a Guild member who is ill, or if there is someone we need to send a sympathy card to, please let our secretary Christine Bell know. You can phone her at 766-0202 or email her at dogonit@rogers.com

Programme

Just a few notes from this end of the program committee:

1. A big THANK YOU to Elaine, Sharon and Christine for sharing their expertise in hand applique and ergonomic exercise at the April meeting.
2. June Pot Luck - start saving up those quilt-related items for our auction, plus summer reading fare, jams & jellies.
3. Pizza Box Exchange - we are at the next- to- last exchange! Where has the year gone?
4. Last week for the VANS Show at the Moorings Gallery in Mahone Bay - Thursday & Friday noon to 4pm
5. Sharon MacDonald is tentatively booked for the program in May IF she can arrange a drive for the evening.

Dates to Remember

- Now - July 4, 2010** - The reviews are in - the show is fantastic. See links in this newsletter to read about this wonderful exhibition of the quilts from the Victoria and Albert Museum Collection along with quilts from other Museums and private collections. A must see exhibition for sure. Bookmark this site to keep up to date on news from the V&A.
http://www.vam.ac.uk/exhibitions/future_exhibs/Quilts/index.html
- May 7-8, 2010 - Centreville's First Annual Quilt & Rug Hooking Show** - Centreville Baptist Church, Murray Dr., Centreville, Kings County (near Hall's Harbour) Display of handmade quilts and hooked rugs, sale of selected quilted and hooked items, silent auction of homemade/handmade items, demonstrations. Friday a light supper is available for \$5 and Saturday lunch and dessert are also available for \$5. Hours: Friday from 2-8pm, Saturday from 10-4pm. 678-4472 for more information.
- May 7-8, 2010 - Apple Blossom Quilt Show - A Taste of Country Hospitality.** Presented by The Keswick Ridge Quilters at the Keswick Ridge United Church, 499 Rte 616, Keswick Ridge, N.B. Friday 12:00 noon to 8:00 pm. Saturday 10:00 AM to 3:00pm.
- May 8 -9, 2010 - TAMMACHAT Natural Textiles' SPRING SALE:** 10am - 4pm. Free slideshows all day. Celebrate Mother's Day & World Fair Trade Day in style! Support sustainable communities & rural women with your purchase of fairly traded ECO-FASHIONS for you & your home - jackets, organic silk scarves, bags, table linens & more. **WE'LL ALSO HAVE HANDWOVEN SILK FABRICS BY THE METRE.** Many are created from organic silk yarns; all are naturally dyed & gorgeous! Council of Women House, 989 Young Ave. (at Inglis), Halifax <http://www.tammachat.com> 902-624-0427.
- May 16, 2010 - Sackville Threaders Quilt Show** - 12 noon - 5pm, Sackville Heights Community Centre, 45 Connolly Rd., Lower Sackville. \$2 admission, tea/coffee included. More information at <http://www.sackvillethreaders.weebly.com> or email sackvillethreaders@gmail.com
- May 21-23, 2010** - In celebration of the 10th anniversary of the **Ocean Waves Quilt Society** an exciting line up of workshops, teachers and events will be happening at the Keltic Lodge in Ingonish. As the date for the event quickly approaches quilters from as far away as Alberta are packing their bags and choosing the fabrics they want to stitch with in their workshops. There are only a few places left in the classes, or you can come and just work on your own in the relaxed atmosphere of one of Canada's premier resorts. The remaining class spaces are available with Susan Tilsley Manley who will be leading a class in *Making Faces: Portraits in Fabric* or with Hilary Rice teaching *When Opposites Attract - Techniques for Art Quilters*. You don't need to be an experienced quilter to enjoy all this retreat has to offer. There is something for everybody who enjoys the art of quilt making.
Fine dining, ocean vistas, a quilt block raffle, silent auction, and some surprise evening social activities are also planned. The Mira Stitching Post will be on site with fabrics and notions to purchase. It is sure to be a weekend full of many happy memories, new and old friends, the excitement of getting together with quilters from all over and of course learning new techniques. The price for the weekend is \$450.00 pp double and \$590.00 single. This price includes rooms, meals, taxes & gratuities, workshops and all extra activities. For a complete registration package and more information contact Mary Ross at: e-mail- marylarkinross@hotmail.com or phone Mary at 902-248-2733.
- May 29, 2010 - Saturday, May 29th Central United Church Bazaar**, Lunenburg from 10:00 a.m. to 3:00 p.m. We are not having a quilt show this year, but there will be a small room set side for

Next Meeting

Monday May 3, 2010

Reminders - please bring -

*Mug for tea/coffee

*Sew and Tell

*Raffle quilt ticket money and stubs

*Library books

*Wear your name tag



Art Hits the Wall 2011

Linda Alderdice is part of the *Art Hits The Wall* Committee. She is looking for some quilters to help manage the next show in 2011. The show brings together rug hooking and quilting from the Atlantic Provinces. The theme for 2011 is *Tides of Time*. If you are interested, please contact her at: Linda Alderdice via email lalderdice@eastlink.ca or phone 443-3366.

Honourary Life Membership

The Guild would like to honour those members who turn 80 in a membership year with a Life Membership. Please let Sandy Bruce know.

Artwork and Quilt sales. If there are any guild members who would like to put a bed quilt in the sale, would they please contact Ruth Searle at 634-4936 before May 22nd. Space is limited, so there will be a cut-off number of 15/18 quilts and the commission to the Church will be 20%. The Bazaar has been well attended in the past so there will be good exposure.

July 3-4, 2010 - Lupin Quilt & Craft Fair, 12 Church St., Port Elgin, N.B. Phone & Fax (506) 538-7638.

July 6-10, 2010 - The Albert County Historical Society Quilt Show & Sale, Hopewell Cape Community Hall Route 114, Hopewell Cape, NB, Tuesday - Friday 9:30am - 5:30pm Saturday 9:30am - 5pm.

August 6-7, 2010 - Northumberland Quilt Guild is holding their 16th annual Quilt Show and Sale on Friday, August 6 from 10am - 6pm, and Saturday, August 7 from 10am - 5pm at the DeCoste Entertainment Centre, 99 Water Street in downtown Pictou, Nova Scotia. As in previous years, you can expect a large variety of quilts and quilted items on display and for sale. There'll be a Merchant's Mall, quilting demonstrations and refreshments - all included for the \$3.00 admission fee. (Children under 12 admitted free.) There'll be lots to see!

September 16-18, 2010 - KVQG Show & Sale - Island View Lions Centre, 9 Market Street, Quispamsis, NB, Sept. 16th - 2pm - 9pm, Sept. 17th - 10am - 9pm & Sept. 18th - 10am - 4pm.

September 24-26, 2010 - Kindred Spirits Quilt Guild 2010 Quilt Show "A Cascade of Colour" 2 Pond Street, Charlottetown, PEI in the Holy Redeemer Parish Center September 24 - 10am - 8pm Sept. 25 - 10am - 5pm & Sept. 26 - 12pm - 4pm

September 30 - October 2, 2010 - Sussex Vale Quilters Quilt Show and Sale, Sussex Lion's Club, Sussex, NB Sept. 30th - 1pm - 7pm Oct. 1st - 10am 7pm Oct. 2nd - 10am - 4pm

Mahone Bay Quilter's Guild Quilt Show - October 1-3, 2010
Blockhouse Firehall, near Mahone Bay

2010 Quilt Show

Entry Forms for the Quilt Show will be included in the next newsletter as well as the Sale Room form.

We would like to remind every member of the Guild to bring the money from sold raffle quilt tickets to the next meeting. Please seal the money in the provided envelop with your name and the amount of cash written on it.

More tickets will be available at meetings for anyone who would like them.

Thanks - Beth and Janet

Quilting Arts TV

For those of you up early on Saturday morning be sure and watch "Quilting Arts" on PBS, channel 35 and if you aren't up early set your vcr or pvr to record these shows. They really are worth it for the interesting quilters they have on, the techniques they demonstrate and the quilts they show.

<http://www.quiltingartstv.com/>



From Debbie Breeze - Sharon Pederson mentioned to her classes about a great source for thread and sewing machine information. Here's the link to the brochure about thread:

<http://www.ylicorp.com/> On the menu on the left, you'll see the link for A Thread of Truth that Sharon recommended. I noticed that there's also a thread info summary page offered as well. Sharon also referred to searching for graph and isometric paper on the internet and mentioned that she had experienced problems with the printing process; I had success printing different templates from this site:

<http://www.printfreegraphpaper.com/>

I enjoyed the sashiko workshop - the method was straightforward and there wasn't a great amount of fabric to handle. I was quite productive and was pleased with what I accomplished.

Odds and Ends

Thursday April 29 - 6:30-8pm

MAHONE BAY QUILTERS GUILD MEMBERS ONLY

The remaining goods from the former Quilts By the Sea in Blockhouse have been donated to the Blockhouse Fire Hall for them to sell with the proceeds going to the Fire Hall. They are planning a 'penny auction' for May 23rd and will be selling off all items received. Included are:

- fabric bundles done up with various patterns, [up to \$98 value]
- about 15 copies of the book Quilt of Belonging [\$30 value]
- Gift boxes with matching mugs - sewing themes,
- quilt books, novels,
- thread holder, assorted sewing accessories
- Sampler blocks, quilted teddy bear
- 2 baby quilts, handbags
- quilt themed paintings
- 3' high carved wooden giraffe, painted sayings on wooden slats
- treadle sewing machine
- cutting table with 10 to 12 wide drawers underneath
- large folded table with legs
- kitchen table with 2 chairs
- assorted household and gift items

Guild Members and friends are invited to a cash sale at the Blockhouse Fire Hall Thursday April 29 @ 6:30 pm to 8pm Please bring cash and small bills/coin.

Judy Morningstar's 65th birthday

- Hi All, Our beloved Judy Morningstar is about to celebrate her 65th birthday! In recognition of this milestone, we are asking you to create a 4" x 6" postcard for her. Her birthday is **May 21** and we are hoping that her mailbox will be stuffed with delicious little pieces of art from her many friends across the country. Her address is:

**Judy Morningstar, Box 820,
Deloraine MB R0M 0M0**

Please join us in showing us how important she is to us. Make your postcard beautiful or crazy or fun or elegant or experimental or off the wall or whatever you want. Just please make it and mail it off to her. Remember: **May 21**.

Thanks, Bonny Voice and Susan Wittrup



Reminders



*Our meetings are scent free; several members have allergies and would appreciate it if you refrain from wearing perfume or

other highly scented products. Thank you.



Community/Charity Quilt Donations

Don't forget that our ongoing charity quilt projects can always use a quilt or two and they can be turned at any meeting. We are accepting preemie quilts for the Neo-Natal Intensive care Unit at the IWK Children's Hospital, wheelchair quilts for the local nursing homes and twin size quilts for the Mental Health Association. All these are very worthwhile projects and the quilts required can be simple and small. If you need any further instructions, sizes etc. contact Barb for details robsonbh@eastlink.ca **Please remember that the preemie quilts cannot be tied, they must be hand or machine quilted. Thanks!**

(Judy Morningstar, cont)

Editor's Note - Judy has been recognized by the *Canadian Quilters Association* with both the *Teacher of the Year Award* and the *Dorothy McMurdie Award* for her contribution to quilting in Canada. The MBQG was very fortunate to have Judy come to Mahone Bay as our "Extraordinary Quilter" in 2008. Let's all join with other quilters and wish her a Happy Birthday by sending her a postcard. If you don't want to make her one, send her a birthday card. Let's send her some best wishes from her quilting friends in NS.



Guild Quilting Bees

Within the Mahone Bay Quilters Guild there are now several "bees" - the *Bay Buddies*, the *Seaside Stitchers*, the *Cove Quilters* and the *Bay Bees*. Each bee functions on its own and meets when they want at each other's houses. Most of them are at capacity with members, so we are taking names to see if there are any other members who would be interested in belonging to a bee. We have 4 people on a list so far. Bees are such a great way to share ideas, help each other with new or old techniques, go on outings together and generally just spend a few hours getting together to talk fabric and quilts. Email me at robsonbh@eastlink.ca , if you are interested in joining a bee.

Quilters Connection Magazine



Quilter's Connection Magazine is Canada's new quilting magazine. Published quarterly, *Quilter's*

Connection provides quilters with a connection to the rest of the quilting community across Canada. A magazine dedicated to those in the quilting community, written for quilters, by quilters, *Quilter's Connection Magazine* is the source for all things related to quilting in Canada. The magazine entertains Canadian quilters with news and reviews, projects, heartwarming and motivational stories about quilters and their achievements, quilting tips, and techniques - content to inspire the quilter in everyone.

Quilter's Connection Magazine was formerly known in British Columbia as *Connections for Quilters Newsletter*.

Connections for Quilters began in 1993 as a humble two-page calendar of events for quilters. It has grown over the years into a newsletter packed with news, regular features, columns and photos from events and organizations throughout the British Columbia quilting industry. Today, the magazine is growing again, as it begins its new life as *Quilter's Connection Magazine* - a full-color, professional magazine filled with valuable information for quilters across Canada.

For more information about *Quilter's Connection Magazine*, including media and advertising enquiries, please contact Heather McArthur at info@quiltersconnection.ca

Also check out their website for links to their blog and other interesting quilt related sites. Let's support these Canadian endeavors. I picked up my magazine at Atlantic News in Halifax.

<http://www.quiltersconnection.ca>



Internet Exploring

- the links here are all "live" so just click on them and off you go!

The world's largest hexagon quilt - a project of some Australian quilters <http://worldsbiggesthexagonquilt.blogspot.com/>

A very good review of the exhibition at the V & A is blogger Sandra Wyman: <http://thedyershand.blogspot.com>, scroll down to March 29, there are 2 parts.

Here is a listing of Atlantic Canadian Fibre Arts Blogs <http://needleworknb.tripod.com/id15.html>

The *Quilting Gallery* features a directory of blogs sorted by location: <http://quiltinggallery.com/quilting-bloggers/> If you scroll down on this page, you can choose your state or province to find quilt bloggers near you.

Intriguing story of a quilt at the V&A show made during WWII at a Japanese prisoner of war camp by young girls, well worth watching the video -

<http://www.channel4.com/news/articles/uk/patchingtogetherastoryofwar/3583662>

Interesting information about Log Cabin quilts

<http://barbarabrackman.blogspot.com/2010/03/log-cabin-how-old-is-name.html>

And just in time for spring cleaning - organize your sewing room tips

http://www.allpeoplequilt.com/projects-ideas/decorating/organize-your-sewing-room_ss1.html?ssdmh=dm17.435851&esrc=nwapq&email=2169631167

Last Stitch

(but not least)

Well, we did it again! What a wonderful dessert party! Nice to see so many of our new members there, and nice to welcome so many of our quilting friends who came from far and near to sample our delicious desserts and enjoy Sharon Pederson's trunk show. Thanks to so many Guild members who made the wonderful desserts and to everyone who helped set up and clean up. Now we are busy planning for our Quilt Show in October. Let's join together with the planning committee and make this one the best yet!

** Sew You Know **

News from Avonport Discount Fabrics

Mark your calendars for the following Sunday Shop 'n Save Dates - May 2, June 6, July 4, August 8, September 12, October 3, November 7 and December 5th. Shop 'n Save on the above dates from 10:30-4:30 and receive 10% off of all regular priced fabrics quilting supplies and books *Some exceptions apply.

Regular business hours are Mon - Fri 9:30 - 4:30

Please note: The store will be closed on the following holidays:

Victoria Day, July 1, Labour Day and Remembrance Day.

Please watch our website for Christmas Holiday hours.

www.avonportdiscountfabrics.com

(902)542-3247

Medallion Quilt Club

Be inspired by this medallion quilt from *Country Living* magazine and come

to the church hall Sat.

May 15, 9:30am to plan

your own medallion quilt.



2009-2010 Mahone Bay Quilters Guild Executive

President	Valerie Hearder	624-8181	valeriehearder@eastlink.ca
Past President	Patsy Perkins	766-0187	castaway@eastlink.ca
Vice President	Michele Stevens Mosher	634-4909	mstevens@xplore.net
Treasurer	Marilyn Verburgh	624-0624	mverburch@eastlink.ca
Secretary	Christine Bell	766-0202	dogonit@rogers.com
Newsletter	Barb Robson	857-1668	robsonbh@eastlink.ca
Program	Johanna Rafuse	688-1674	johannarafuse@hotmail.com
	Anna Davison	624-9575	annadavison@eastlink.ca
	Laurie Swim	640-2220	swim@ican.net
Membership	Sandy Bruce	624-0168	nsdtr@iname.com
Library	Sharon Lawrence	543-7237	sharonandbob.lawrence@ns.sympatico.ca
Show and Tell	Daisy Ballam	634-4121	wballam@ns.sympatico.ca
	Valerie Angell	693-2324	angellbears@eastlink.ca

Quilter Ergonomic Exercises

From Christine Bell

Hold each position for 10 to 30 seconds; start low and increase hold time as the exercise gets more comfortable

Eyes

1. With elbows on tables, place heel of palms over eyes and GENTLY massage
2. Looking off into space, look & hold several seconds; repeat going around clock-wise and counter clockwise

Neck

1. Let head gently fall forward and slowly roll from one side to other. Concentrate on keeping shoulders neutral
2. Stand against wall and tuck chin in

Shoulders

1. With arm straight, bring it across chest and hold in place at elbow; alternate sides

Shoulder Blades

1. Put hands behind back and clasp. Raise and hold as high as possible
2. Stand against wall and bring arms up as in a "stick-up" position. Try to keep back against wall while attempting to get both arms touching wall.

Wrists

1. With arm straight out front hold hand in a "stop" position. With alternate hand gently pull back on hand. Counter this stretch by moving hand so fingers point down and again stretch using other hand
2. Circle hands slowly in both directions

Lower back

1. Sit in chair (preferably with arms) and twist to one side and hold; use chair arms to help pull. Alternate sides

Legs/ Ankles

1. Sitting in chair, lift leg parallel to floor, point and flex toes
2. Sitting in chair, lift leg parallel to floor, and circle foot in both directions

Highlights from our Extraordinary Quilter Dessert Party

